## **Magee-Womens Specialty Services** at UPMC Passavant-Cranberry

Bringing the best in women's health care to Pittsburgh North **UPMC** Passavant



#### A Message to Our Community

In our region, we are fortunate to have Magee-Womens Hospital of UPMC — one of the country's top-ranked medical and research centers for women's health care — so close by. And, thanks to an exciting new partnership with UPMC Passavant-Cranberry, women of all ages in Pittsburgh's northern communities now can enjoy even greater access to Magee's trusted expertise.

Magee-Womens Specialty Services at UPMC
Passavant-Cranberry features a wide range of
comprehensive diagnostic, surgical, and
outpatient services, led by specialists who are
recognized innovators and leaders in women's
health. Services are delivered right on UPMC
Passavant's Cranberry campus in a suite designed
especially with the comfort of women in mind.

Whether you're an adolescent preparing for your first gynecological examination ... a mother-to-be readying for childbirth ... or a midlife woman going through menopause, you'll find expert, high-quality medical care focused on your unique needs during this special time of your life.

For generations, our hospitals have proudly served women with respect and dignity.

Magee-Womens Specialty Services at UPMC

Passavant-Cranberry continues that tradition of patient- and family-centered care, supporting your health needs and quality of life in every way.

Luci C. Davis Onl Y. Mortis

Leslie C. Davis
President
Magee-Womens
Hospital of UPMC

David T. Martin
President
UPMC Passavant

# Magee-Womens Specialty Services at UPMC PassavantCranberry

From annual checkups and preventive care to testing, diagnosis, state-of-the-art surgery, and advanced treatments, Magee-Womens Specialty Services at UPMC Passavant-Cranberry offers you the best in women's health care — close to your home or workplace.

Magee's specialists will work collaboratively with your primary care doctor or specialist to provide seamless, individualized treatment.

#### Our spectrum of services includes:

- Breast Surgery
- General Obstetrics & Gynecology
- Gynecologic Oncology
- Maternal-Fetal Medicine
- Midlife Health Services
- Midwifery
- Minimally Invasive
   Gynecologic Surgery
- Reproductive Endocrinology and Infertility
- Urogynecology Services
- Women's Imaging Services





Gretchen Ahrendt, MD

## **Breast Surgery**

"Our comprehensive breast program focuses on diagnosing and treating breast disorders, especially breast cancer, using the latest techniques and informed by best practices and research."

-Gretchen Ahrendt, MD Co-Director, Comprehensive Breast Surgery Program Magee-Womens Hospital of UPMC

Magee has played a leading role in many of the recent, dramatic advancements in the diagnosis and treatment of breast cancer. Women now have access to innovative, less invasive breast surgery options that can mean less scarring, faster healing time, and better cosmetic results.

When you are referred to the breast surgery program at UPMC Passavant-Cranberry, you'll undergo an initial evaluation, including a physical examination and complete clinical breast exam. If you require additional treatment, our nationally recognized, board-certified breast surgeons and multidisciplinary team of doctors will work with you to develop a comprehensive, personalized plan of care.

## More Options for Women Breast surgery options available at UPMC Passavant-Cranberry include:

- Lumpectomy selective removal of the tumor from the breast
- Mastectomy surgical removal of all breast tissue
- Oncoplastic surgery reshaping of the breast after a lumpectomy or partial mastectomy
- Sentinel node biopsy removal of the main (sentinel) lymph nodes in the underarm (axilla) to test for cancer
- Tissue expanders and implants a multistep process used as part of breast reconstruction after a mastectomy



## General Obstetrics & Gynecology



Robert Edwards, MD

"The region's leading provider of women's health services, Magee-Womens Hospital of UPMC is a world-class center for both women's health and comprehensive medical and surgical services."

-Robert Edwards, MD
Professor and Chair, Department of Obstetrics, Gynecology and Reproductive Sciences
University of Pittsburgh/Magee-Womens Hospital of UPMC

For more than a century, Magee has been the name to trust in women's health. From yearly checkups and specialized care to the testing, diagnosis, and advanced treatment of complex and difficult cases, our board-certified doctors, experienced nurses, and skilled support staff can care for your specific needs at every stage of life.

Having Magee's world-class care, expertise, and technology available at Magee-Womens Specialty Services in Cranberry makes it easier, more convenient, and more manageable for you to get this state-of-the-art care.

As one of the nation's top hospitals specializing in women's health, Magee combines a wealth of specialty services with a traditional focus on obstetrics and gynecology. Magee is also recognized as a national Center of Excellence in Women's Health by the U.S. Department of Health and Human Services.

## **Gynecologic Oncology**



Comerci, MD

"Gynecologic cancers should be treated by a specialist with advanced training and demonstrated competence, such as a gynecologic oncologist. Research has shown that women who receive care first from a gynecologic oncologist experience better outcomes."

-John Comerci, MD Vice Chair, Women's Health Service Line, Specialty Services Magee-Womens Hospital of UPMC

Gynecologic cancer and its treatment can affect all aspects of your life. At Magee, our board-certified doctors are trained to diagnose and treat different types of cancer of the reproductive system.

At Magee and UPMC — leaders in cancer care in the United States — our blend of clinical expertise and innovative research dedicated to gynecologic cancer prevention and treatment ensures that you will receive the most comprehensive care available.

The Magee-Womens Gynecologic Cancer Program of UPMC CancerCenter brings together a multidisciplinary team of gynecologic oncologists, medical oncologists, surgical oncologists, radiation oncologists, research and behavioral scientists, and clinical staff — all committed to providing you with the most comprehensive gynecologic cancer care available.



At Magee-Womens Specialty Services in Cranberry, we provide compassionate and individualized care for gynecologic cancers, including cancers of the:

- Cervix
- Ovaries, peritoneum, and fallopian tubes
- Uterus
- Vagina
- Vulva

## **Women's Imaging Services**

We feature a high level of specialized imaging services to meet the individual needs of women. Here, you'll have access to the most advanced imaging technology, plus board-certified doctors and a dedicated, specially trained staff focused on giving you personalized care in a comfortable setting.

Our skilled specialists use advanced imaging technology for fast, high-quality readings that can lead to more accurate diagnoses and treatments.

#### The specialized imaging services available at our Cranberry location include:

- Bone density scans (DXA)
- Breast imaging (including digital mammography, radioactive seed localization, and ultrasound-guided and
- stereotactic biopsies)
- Breast ultrasound
- OB ultrasound

For your convenience, we offer extended hours and same-day, early morning, and weekend appointments, as well as free parking.



Terri-Ann Gizienski, MD

"Working together with you and your doctor, our caring and highly qualified staff are able to integrate your imaging results into a seamless plan of care."

-Terri-Ann Gizienski, MD Breast Imaging Specialist UPMC Passavant-Cranberry



#### **Maternal-Fetal Medicine**

Not all pregnancies are routine. During a complicated pregnancy, maternal-fetal medicine doctors provide specialized, compassionate care or consultation for both mother and unborn child.

If you are an expectant mother with chronic health problems — or if unexpected problems develop during your pregnancy — our maternal-fetal specialists work together with obstetricians, certified nurse midwives, and your family to keep you healthy before, during, and after pregnancy.

Conditions that can result in a high-risk pregnancy include heart disease, high blood pressure, preeclampsia, diabetes, thyroid disorders, and kidney disease, as well as early labor and bleeding.

You also may need to see a maternal-fetal medicine specialist when carrying multiples, because of the increased risk for preterm birth, or after experiencing recurrent pregnancy loss. Specialized care also is provided when birth defects and growth problems are detected in the fetus.

#### **Maternal-Fetal Medicine Services**

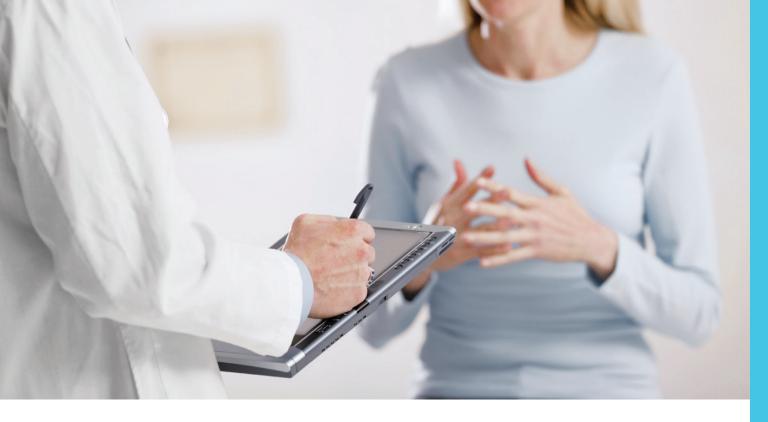
- Diagnostic testing
- Direct care for complicated situations before and during pregnancy
- High-risk pregnancy management
- Preconception consultation



Arundhathi Jeyabalan, MD

"Our specialized maternal-fetal medicine services — offered by leading experts in preterm birth and high-risk pregnancy research — help ensure the most favorable outcomes for mothers and their babies."

-Arundhathi Jeyabalan, MD Clinical Director, Maternal-Fetal Medicine Practice University of Pittsburgh/Magee-Womens Hospital of UPMC



#### **Midlife Health Services**



Mary Beth Peterson, MD

"We work with each woman to maximize her health, well-being, and quality of life through the menopause transition and beyond."

-Mary Beth Peterson, MD Director, Midlife Health Center Magee-Womens Hospital of UPMC

Midlife is a time of natural transition in a woman's life. It brings major changes as her body prepares for menopause and the end of her reproductive years. Like other phases of life — adolescence, pregnancy, and postpartum — the body must adjust to different levels of hormones.

Our midlife health services program, offered through Magee-Womens Specialty Services at UPMC Passavant-Cranberry, can help you prepare for menopause, navigate the changes, and embrace the many years of good health and joy to come. Our doctors from the Women's Midlife Health Center at Magee offer specialized care for women in premature menopause, perimenopause, and menopause.

We provide expertise in the management of menopausal symptoms, such as hot flashes, night sweats, insomnia, vaginal dryness, and decreased sexual desire. We provide well-woman gynecologic care for midlife women who are healthy, as well as women with more complex needs.

## Symptoms We Treat We specialize in addressing the health care and concerns of women over 35, including:

- Bleeding
- Hormone imbalance related to menopause
- Hot flashes/night sweats
- Irregular bleeding
- Menopause
- Pain with intercourse



## **Midwifery**

If you have no health problems or pregnancy complications, a midwife could be an excellent option for you and your family when having a baby. Our unique approach allows the birth of your new baby to occur naturally and safely, while minimizing unnecessary interventions.

Magee midwives are specially trained to support you, your baby, and your family throughout your pregnancy and delivery. Our goal is to provide sensitive, skilled care focused on education and prevention. Our certified nurse midwives (CNMs) are board-certified, independent health care practitioners who are licensed in both nursing and midwifery. They work collaboratively with doctors, participate in continuing education programs, and maintain professional liability insurance.

#### **Other Services**

In addition to providing care through labor and delivery, we offer a full range of services, including:

- Cancer screening
- Complete prenatal care
- Family planning
- Gynecologic care
- Menopause counseling
- Treatment and counseling for sexually transmitted diseases
- Yearly physicals



Suzanne E. Shores, MSN, CNM

"We focus on the whole woman and the natural process in a woman's life, especially during pregnancy. Our role is to safeguard the health of you and your newborn while encouraging family participation through informed decision making about care."

-Suzanne E. Shores, MSN, CNM Director, Division of Midwifery Magee-Womens Hospital of UPMC



Suketu Mansuria, MD

## Minimally Invasive Gynecologic Surgery

"Our skilled and compassionate surgeons deliver expert care in a welcoming and comfortable setting. Our goal is to help women feel better — and improve their quality of life — using the least invasive procedures possible."

-Suketu Mansuria, MD Associate Director, Minimally Invasive Gynecologic Surgery Magee-Womens Hospital of UPMC

If you have a gynecologic condition that requires an operation, minimally invasive surgery may be the right option for you. Compared to traditional procedures, minimally invasive surgery is generally preferred because patients usually return to work sooner, experience less pain after surgery, have less scar tissue formation, and have smaller skin incisions.

Our highly trained surgeons use the latest laparoscopic and hysteroscopic technologies to treat a wide range of gynecologic conditions — including complex and difficult to treat cases — such as:

- Abnormal bleeding (heavy periods)
- Endometriosis

- Fibroid tumors
- Incontinence
- Infertility

- Ovarian cysts
- Pelvic organ prolapse
- Pelvic pain

#### Same-Day Hysterectomy

Our use of state-of-the-art technology means Magee-Womens Specialty Services at UPMC Passavant-Cranberry can offer women same-day laparoscopic hysterectomy as a minimally invasive procedure.

With outpatient hysterectomy, our surgeons make just four quarter-inch size incisions in the abdomen. This allows you to go home the same day, and recovery time is typically two weeks. Traditional surgery involves two large incisions, with an average six-week recovery time for most patients.





Joseph Sanfilippo, MD

## **Reproductive Endocrinology and Infertility**

"For couples unable to conceive a child, in vitro fertilization offers more hope for a successful pregnancy than ever before."

-Joseph Sanfilippo, MD Division Director, Center for Fertility and Reproductive Endocrinology Magee-Womens Hospital of UPMC

If you've experienced problems getting pregnant, you're not alone: it is estimated that as many as one in five couples in the United States has infertility issues. Depending upon your age, infertility is defined as the inability to become pregnant after having unprotected intercourse for six months to one year.

We offer a full spectrum of infertility services for men and women, and we work closely with Magee's Department of Genetics to provide a comprehensive assessment for couples experiencing infertility.

You'll receive state-of-the-art care in a warm and empathetic environment. Our specialized services include:

- Fertility preservation
- In vitro fertilization (IVF)
- Intracytoplasmic sperm injection (ICSI)
- Oocyte cryopreservation
- Ovulation induction
- Preconception counseling
- Preimplantation genetics
- Third-party reproductive services
- Tubal reversal



## **Urogynecology Services**

Women of all ages can experience bladder and pelvic floor disorders, including problems with bladder and bowel control. Although such problems are more common with advancing age, even young women can be affected.

Childbirth, heavy lifting, the effects of menopause and aging, and some chronic medical and neurologic conditions can weaken the pelvic floor, causing leakage of urine or stool, difficulty with bowel movements, and pelvic pain or pressure. Discomfort and embarrassment resulting from these disorders can lead to depression, social isolation, and avoidance of physical and sexual activity.

If you're experiencing any of these problems, our urogynecology specialists can help restore your confidence and active lifestyle. We use the most current research and clinical standards to diagnose and treat pelvic floor disorders and other urogynecologic conditions.

#### **Urogynecologic Conditions Treated**

- Chronic urinary tract infections
- Dropping of the uterus, bladder, rectum, or
- Fecal incontinence (passing of Pelvic pain gas or stool involuntarily)
- Overactive bladder symptoms
- Pelvic organ prolapse (weakening of the pelvic muscles)

- Urinary incontinence (leaking of urine)
- Voiding disorders, such as urinary retention

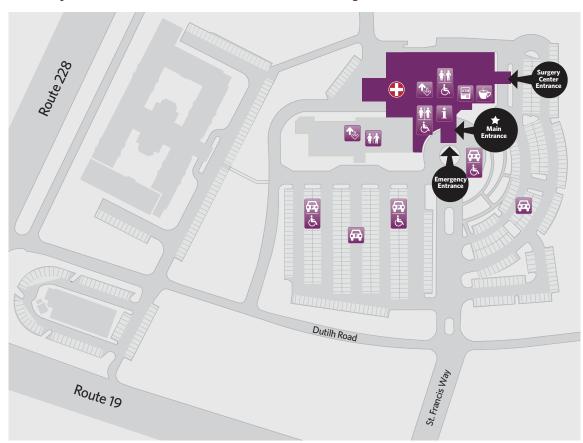


Zyczynski, MD

"Our goal is to restore function and improve quality of life for women. We're pleased to bring our individualized urogynecology services to women in Pittsburgh's northern communities."

-Halina Zyczynski, MD Division Director, Urogynecology Magee-Womens Hospital of UPMC

#### **Map of UPMC Passavant-Cranberry**





**Elevators** 



Café



Information Desk



Restrooms



Accessible Restrooms\*



Accessible Parking



Parking



ATM



**Emergency Department** 

\*Accessible restrooms also are available on the second floor of the the hospital.

#### **Directions to UPMC Passavant-Cranberry**

1 St. Francis Way Cranberry Township, PA 16066 724-772-5300

#### From Downtown Pittsburgh

Follow I-279 North, merge onto I-79 North to Exit 76 on left (Cranberry/US 19 North). Merge onto US 19 North, proceed to the third traffic light, and turn right onto St. Francis Way.

#### From the North

Follow I-79 South to Exit 78 (Cranberry/Mars). Bear right to Route 228 West, proceed to the first traffic light, and turn left onto US 19 South. Turn left at the next traffic light onto St. Francis Way.

#### From the Pennsylvania Turnpike

Follow the Pennsylvania Turnpike to Exit 28 (Cranberry). Follow signs to US 19 North. Merge onto US 19 North, proceed to the next traffic light, and turn right onto St. Francis Way.

UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, gender identity, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.