



2016 Calendar for Lifestyle Meetings

Please arrive no later than 30 minutes before the end of the session.

<b>JANUARY</b> Module 6	<b>MONDAY 4TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 13TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 28TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>FEBRUARY</b> Module 2	<b>MONDAY 1ST</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 10TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 25TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>MARCH</b> Module 3	<b>MONDAY 7TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 9TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 31ST</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>APRIL</b> Module 4	<b>MONDAY 4TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 13TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 28TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>MAY</b> Module 5	<b>MONDAY 2ND</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 11TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 26ST</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>JUNE</b> Module 6	<b>MONDAY 6TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 8TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 30TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>JULY</b> Module 2	<b>MONDAY 11TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 13TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 28TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>AUGUST</b> Module 3	<b>MONDAY 1ST</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 10TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 25TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>SEPTEMBER</b> Module 4	<b>MONDAY 12TH</b> 3:00pm – 5:00pm Auditorium(zero level)	<b>WEDNESDAY 14TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 22TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>OCTOBER</b> Module 5	<b>MONDAY 3RD</b> 3:00pm – 5:00pm Auditorium(zero level)	<b>WEDNESDAY 12TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 27TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>NOVEMBER</b> Module 6	<b>MONDAY 7TH</b> 3:00pm – 5:00pm Auditorium (zero level)	<b>WEDNESDAY 9TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 17TH</b> 3:30pm – 6:30pm Auditorium (zero level)
<b>DECEMBER</b> Module 2	<b>MONDAY 5TH</b> 3:00pm – 5:00pm Auditorium(zero level)	<b>WEDNESDAY 14TH</b> 5pm - 6pm [before support group] Auditorium (zero level)	<b>THURSDAY 29TH</b> 3:30pm – 6:30pm Auditorium (zero level)

If you are unable to attend a Meeting, please contact our office at 412-641-3632 to reschedule a make-up session.  
(revised 9/10/15)