### Welcome to UPMC East

It is our goal to make your visit as pleasant and comfortable as we can. While you are here, please take advantage of the many options that UPMC East and the surrounding areas have to offer. The services in this brochure are commonly used by our guests. If you need more information during your stay, please feel free to ask a staff member for assistance.



**UPMC East** 2775 Mosside Blvd. Monroeville, PA 15146

412-357-3000 UPMC.com/East

# **UPMC** East



UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, gender identity, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.

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## Family and Visitor Guide

Your Care. Our Commitment.

## Visiting Your Loved One

We understand that visiting your loved one is very important to you. Visiting rules are different depending on the unit. Please ask a staff member for information about visiting your loved one, or see the patient welcome brochures available on the unit.

# **Dining Services**

#### **UPMC East Café** 1st Floor

Open Monday through Friday from 6 a.m. until 6 p.m.

Open Saturday and Sunday from 8 a.m. until 4 p.m.

# **Crazy Mocha Coffee Shop Ground Floor**

Open Monday through Friday from 6 a.m. until 8 p.m.

Open Saturday from 7 a.m. until 3 p.m.

Closed Sunday

### **Vending Services** 1st Floor, Emergency Department Family Lounge

Open 24 hours a day, 7 days a week

## **Dining After Hours**

The Monroeville area has a wide selection of restaurants, ranging from fast-food to fine dining. For suggestions or a complete listing, please ask a staff member for assistance.

### Gifts and Flowers

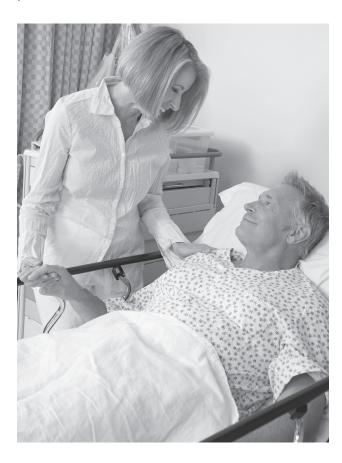
# Lori's Gifts 1st Floor

Open Monday through Friday from 9 a.m. until 8 p.m.

Open Saturday and Sunday from 11 a.m. until 6 p.m.

#### Monroeville Area

The Monroeville area has many shopping options, from department stores and specialty shops to grocery stores and pharmacies.



#### Other Services

#### Meditation Room Ground Floor

Located in a quiet area near the Healing Garden, the Meditation Room is a space for quiet reflection and prayer. It is welcoming to people of all faiths, or no faith, where Holy Writings, symbols, various pamphlets, and prayers can be found. Bibles, Scripture, and other religious items are available by calling Pastoral Care at **412-357-3151**.

### **ATM**

# 1st Floor, Emergency Department Family Lounge

Available 24 hours a day, 7 days a week

#### **Accommodations**

Many hotels, including hotels for long stays, are located nearby. For more information on hotels in the Monroeville area, go to www.visitmonroeville.com.

Notes			